



CHILDCARE/PRESCHOOL



Have Fun Being Messy!

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Representative

What can parents or teachers do with preschool children for fun? That is a common question. Parents and teachers are always looking for fun things to do with their children. I love to make and experiment with things with the kids. It is exciting to see their faces when items are mixed in front of them, and they are part of the process.

In this society, we have forgotten about good homemade items, because it is so easy to go to the store and buy something. My goal is to share some great recipes with you. Save these recipes and put them on the front of the refrigerator. Use them on those days when you say, "What can I do with my child?"

Kool-Aid Paint

Unsweetened Kool-Aid packet(s)
¼ cup glue

Mix one or more Kool-Aid packets with the glue. This makes a thick, bright paint. Give the child a paint brush, and let the fun begin.

Puff Paint

1/3 cup glue
2/3 cup shaving cream

Mix the glue with the shaving cream. The mixture will puff up. Add food coloring for more fun. The children will love to see the change in the glue and the shaving cream. You will have great art projects to hang on the wall.

Shampoo Paint

3 teaspoons shampoo
Small amount of water
Food coloring

Stir shampoo, water, and food coloring until frothy. Use to paint pictures. These are items you will have at home. Keep the recipes in mind to provide unique art experiences that show the children how science works at home or at school or at church.

Have fun being messy!